

1

00:00:00,000 --> 00:00:07,000

It looked very mysterious.

2

00:00:07,000 --> 00:00:13,000

Can you help me?

3

00:00:13,000 --> 00:00:16,000

My God.

4

00:00:16,000 --> 00:00:18,000

No, that's mine.

5

00:00:18,000 --> 00:00:22,000

I said stop.

6

00:00:22,000 --> 00:00:27,000

Mel wasn't the same happy girl as before.

7

00:00:27,000 --> 00:00:32,000

He's taking over my sister.

8

00:00:32,000 --> 00:00:37,000

That was not me.

9

00:00:57,000 --> 00:01:09,000

In the spring of 1988, my parents decided that it was time to buy a new home.

10

00:01:09,000 --> 00:01:13,000

I was 13 years old.

11

00:01:13,000 --> 00:01:14,000

Hey Jackie.

12

00:01:14,000 --> 00:01:15,000

I have two sisters.

13

00:01:15,000 --> 00:01:17,000

I'm happy.

14

00:01:17,000 --> 00:01:20,000

Jackie, she's a baby of the house.

15

00:01:20,000 --> 00:01:23,000

I have an older sister, Maria.

16

00:01:23,000 --> 00:01:26,000

Hey Jackie, come help me out over here.

17

00:01:26,000 --> 00:01:29,000

How was the bossy one?

18

00:01:29,000 --> 00:01:35,000

My mom expected me to be a good example for them.

19

00:01:35,000 --> 00:01:38,000

My parents are both from El Salvador.

20

00:01:38,000 --> 00:01:42,000

They came to the United States looking for a better life.

21

00:01:42,000 --> 00:01:46,000

Jose, let me push you.

22

00:01:46,000 --> 00:01:53,000

That day we moved to the house, my husband was very happy.

23

00:01:53,000 --> 00:02:03,000

Jose thought about a future for me and my daughters.

24

00:02:03,000 --> 00:02:09,000

The three of us girls, we had one bedroom to share.

25

00:02:09,000 --> 00:02:18,000

We were poor, but we're all just looking forward to this new beginning.

26

00:02:23,000 --> 00:02:25,000

And the love we have for each other.

27

00:02:25,000 --> 00:02:28,000

In the name of Jesus, amen.

28

00:02:28,000 --> 00:02:30,000

Amen.

29

00:02:30,000 --> 00:02:32,000

Enjoy.

30

00:02:32,000 --> 00:02:35,000

We have been in the house for a few weeks now.

31

00:02:35,000 --> 00:02:43,000

And one evening at the dinner table, Maria starts telling my parents about this new game.

32

00:02:43,000 --> 00:02:45,000

I really want you to get it for us.

33

00:02:45,000 --> 00:02:48,000

You ask me questions and it answers you.

34

00:02:48,000 --> 00:02:55,000

I told my mother, you can ask anything you want, anything whatsoever, and it gives you answers.

35

00:02:55,000 --> 00:02:57,000

Called a Ouija board.

36

00:02:57,000 --> 00:02:58,000

A what?

37

00:02:58,000 --> 00:03:00,000

A Ouija board.

38

00:03:00,000 --> 00:03:03,000

Ah, Ouija board.

39

00:03:03,000 --> 00:03:06,000

I was thinking it was a game we could all play together.

40

00:03:06,000 --> 00:03:09,000

Come on, please.

41

00:03:09,000 --> 00:03:13,000

And I told her, well, if you're all going to play, okay?

42

00:03:13,000 --> 00:03:15,000

I'm going to buy it.

43

00:03:16,000 --> 00:03:17,000

Let's go to the bench, please.

44

00:03:17,000 --> 00:03:18,000

Wait up.

45

00:03:18,000 --> 00:03:19,000

Go down.

46

00:03:19,000 --> 00:03:21,000

Come on, be careful.

47

00:03:21,000 --> 00:03:22,000

Okay.

48

00:03:26,000 --> 00:03:29,000

It looks very just mysterious.

49

00:03:29,000 --> 00:03:31,000

It just looked fun.

50

00:03:31,000 --> 00:03:33,000

This is the planchette.

51

00:03:33,000 --> 00:03:37,000

I had heard of how this is played from school.

52

00:03:37,000 --> 00:03:42,000

But the girls at school told me that there are three rules that you need to follow.

53

00:03:42,000 --> 00:03:46,000

Okay, so the three rules of the talking board.

54

00:03:46,000 --> 00:03:49,000

Maria's saying there's some rules you need to follow.

55

00:03:49,000 --> 00:03:52,000

One, never play the Ouija board alone.

56

00:03:52,000 --> 00:03:57,000

Two, always say goodbye to the Ouija board when you're done.

57

00:03:57,000 --> 00:04:00,000

And three, never play the Ouija board in your own home.

58

00:04:00,000 --> 00:04:01,000

If you don't play it.

59

00:04:01,000 --> 00:04:03,000

How are you not allowed to play it in your own home?

60

00:04:03,000 --> 00:04:05,000

Where are we supposed to play it?

61

00:04:05,000 --> 00:04:06,000

So we're going to play at home.

62

00:04:06,000 --> 00:04:08,000

We're going to break some rules.

63

00:04:08,000 --> 00:04:10,000

You're right.

64

00:04:12,000 --> 00:04:13,000

Okay.

65

00:04:13,000 --> 00:04:16,000

I said okay, let's really play with it.

66

00:04:16,000 --> 00:04:20,000

So fingers on the planchette.

67

00:04:20,000 --> 00:04:22,000

And we ask it a question.

68

00:04:25,000 --> 00:04:28,000

Is anybody there?

69

00:04:32,000 --> 00:04:35,000

We're waiting for a response.

70

00:04:36,000 --> 00:04:38,000

Is anybody there?

71

00:04:42,000 --> 00:04:44,000

Nothing happened.

72

00:04:58,000 --> 00:05:02,000

Okay, is anyone there?

73

00:05:02,000 --> 00:05:08,000

Suddenly, that moves.

74

00:05:13,000 --> 00:05:16,000

The planchette felt like it was pulling.

75

00:05:18,000 --> 00:05:21,000

I'm like, is this really moving?

76

00:05:27,000 --> 00:05:30,000

Then I realized Jackie was laughing.

77

00:05:30,000 --> 00:05:32,000

Jackie?

78

00:05:32,000 --> 00:05:36,000

I was looking at Jackie moving the table.

79

00:05:36,000 --> 00:05:39,000

Santa Maria, girls.

80

00:05:39,000 --> 00:05:41,000

Hi.

81

00:05:41,000 --> 00:05:43,000

Jackie, back here.

82

00:05:43,000 --> 00:05:46,000

After a few minutes of playing with the Ouija board,

83

00:05:46,000 --> 00:05:49,000

we lost interest.

84

00:05:49,000 --> 00:05:51,000

As far as I was concerned,

85

00:05:51,000 --> 00:05:54,000

it's like leaving the monopoly toy out.

86

00:05:54,000 --> 00:05:57,000

There was no harm in that.

87

00:05:58,000 --> 00:06:01,000

I had just started middle school.

88

00:06:01,000 --> 00:06:04,000

It hadn't been easy for me making new friends.

89

00:06:04,000 --> 00:06:09,000

It seemed like everybody had their own click.

90

00:06:09,000 --> 00:06:12,000

There's this one girl, her name was Erica.

91

00:06:16,000 --> 00:06:19,000

She was known as the bully of this school.

92

00:06:20,000 --> 00:06:23,000

And she was making my life miserable.

93

00:06:23,000 --> 00:06:26,000

And I think she was just a little bit of a normal kid.

94

00:06:28,000 --> 00:06:31,000

She was a little bit of a different girl.

95

00:06:31,000 --> 00:06:34,000

I think she was a little bit like a little girl.

96

00:06:34,000 --> 00:06:37,000

She was a little bit like a little girl.

97

00:06:37,000 --> 00:06:39,000

Making my life miserable.

98

00:06:42,000 --> 00:06:45,000

I dreaded walking out of my classroom.

99

00:07:04,000 --> 00:07:05,000

Loser!

100

00:07:08,000 --> 00:07:10,000

Just a pathetic loser.

101

00:07:13,000 --> 00:07:19,000

I would go home every day just sad and feeling lonely.

102

00:07:20,000 --> 00:07:21,000

I could use some help in here.

103

00:07:21,000 --> 00:07:24,000

Mel wasn't the same happy girl as before.

104

00:07:26,000 --> 00:07:29,000

But I had no idea that she was being bullied.

105

00:07:33,000 --> 00:07:36,000

I didn't have a friend to call and vent to.

106

00:07:36,000 --> 00:07:38,000

I couldn't talk to my mom about it.

107

00:07:38,000 --> 00:07:40,000

I couldn't talk to anybody about it.

108

00:07:53,000 --> 00:07:58,000

Something was telling me I could talk to the Ouija board and tell it all my problems.

109

00:08:00,000 --> 00:08:01,000

Hello?

110

00:08:07,000 --> 00:08:09,000

Nothing's happening.

111

00:08:10,000 --> 00:08:14,000

And I felt dumb because I'm talking to myself.

112

00:08:16,000 --> 00:08:18,000

And all of a sudden,

113

00:08:21,000 --> 00:08:25,000

I felt this pulling sensation.

114

00:08:27,000 --> 00:08:29,000

The planchette began to slide.

115

00:08:32,000 --> 00:08:35,000

My heart was pounding really hard.

116

00:08:37,000 --> 00:08:41,000

And the planchette is moving towards the H.

117

00:08:42,000 --> 00:08:45,000

And I waited for the next letter.

118

00:08:49,000 --> 00:08:50,000

I.

119

00:08:52,000 --> 00:08:53,000

Hi.

120

00:08:54,000 --> 00:08:56,000

There's someone there.

121

00:08:56,000 --> 00:08:58,000

Someone's actually listening to me.

122

00:09:02,000 --> 00:09:04,000

Can you help me?

123

00:09:05,000 --> 00:09:08,000

I just want Erica to go away.

124

00:09:09,000 --> 00:09:11,000

Can you help me get rid of her?

125

00:09:26,000 --> 00:09:30,000

The next day, I went to school just like normal.

126

00:09:31,000 --> 00:09:33,000

And she wasn't there.

127

00:09:35,000 --> 00:09:39,000

Okay, Klaas. Could I get your attention, please?

128

00:09:39,000 --> 00:09:41,000

And then the teacher made an announcement.

129

00:09:41,000 --> 00:09:45,000

All right. You might notice Erica is not here today.

130

00:09:45,000 --> 00:09:49,000

It's because she is being permanently excluded from the school.

131

00:09:50,000 --> 00:09:51,000

I.

132

00:09:52,000 --> 00:09:57,000

Felt this huge sense of relief.

133

00:09:58,000 --> 00:10:00,000

And I ran all the way home.

134

00:10:00,000 --> 00:10:02,000

Did you help me?

135

00:10:05,000 --> 00:10:06,000

Yes.

136

00:10:07,000 --> 00:10:09,000

I said, thank you.

137

00:10:12,000 --> 00:10:16,000

And all of a sudden, it started to go in circles.

138

00:10:18,000 --> 00:10:20,000

I was not asking questions.

139

00:10:20,000 --> 00:10:23,000

I'm thinking, what's the point of this?

140

00:10:23,000 --> 00:10:26,000

I'm thinking, what's the point of this?

141

00:10:26,000 --> 00:10:28,000

I was not asking questions.

142

00:10:28,000 --> 00:10:31,000

I'm thinking, what in the world is going on?

143

00:10:31,000 --> 00:10:34,000

This thing is moving on its own.

144

00:10:39,000 --> 00:10:41,000

And it starts to spell I.

145

00:10:44,000 --> 00:10:45,000

I am.

146

00:10:45,000 --> 00:10:47,000

It spells out your.

147

00:10:49,000 --> 00:10:50,000

And then F.

148

00:10:52,000 --> 00:10:53,000

R.

149

00:10:54,000 --> 00:10:55,000

I.

150

00:10:57,000 --> 00:10:58,000

E.

151

00:10:58,000 --> 00:10:59,000

End.

152

00:10:59,000 --> 00:11:01,000

I am your friend.

153

00:11:11,000 --> 00:11:15,000

That night, my parents went out on a date.

154

00:11:15,000 --> 00:11:18,000

Maria goes babysitting us.

155

00:11:18,000 --> 00:11:22,000

There was this intense pain.

156

00:11:38,000 --> 00:11:43,000

So I went to the kitchen to grab a pain pill.

157

00:11:49,000 --> 00:11:52,000

And I was like, what's the point of this?

158

00:11:52,000 --> 00:11:55,000

I was like, what's the point of this?

159

00:11:55,000 --> 00:11:58,000

I was like, what's the point of this?

160

00:11:58,000 --> 00:12:01,000

I was like, what's the point of this?

161

00:12:01,000 --> 00:12:04,000

I was like, what's the point of this?

162

00:12:04,000 --> 00:12:07,000

I was like, what's the point of this?

163

00:12:07,000 --> 00:12:10,000

I was like, what's the point of this?

164

00:12:10,000 --> 00:12:13,000

I was like, what's the point of this?

165

00:12:13,000 --> 00:12:16,000

I was like, what's the point of this?

166

00:12:16,000 --> 00:12:17,000

I.

167

00:12:25,000 --> 00:12:28,000

I start hearing footsteps.

168

00:12:35,000 --> 00:12:37,000

That was our backyard.

169

00:12:37,000 --> 00:12:41,000

And we kept our fence locked.

170

00:12:41,000 --> 00:12:43,000

No one was supposed to be back there.

171

00:12:46,000 --> 00:12:49,000

The footsteps were getting closer.

172

00:12:58,000 --> 00:13:00,000

And they stopped.

173

00:13:16,000 --> 00:13:18,000

The footsteps were getting closer.

174

00:13:41,000 --> 00:13:43,000

I was so scared.

175

00:13:43,000 --> 00:13:45,000

I heard the sound.

176

00:13:45,000 --> 00:13:47,000

I think we have to go out.

177

00:13:47,000 --> 00:13:50,000

I said, okay, let's go find out what's going on.

178

00:14:01,000 --> 00:14:03,000

Stay close. Go, Jackie.

179

00:14:03,000 --> 00:14:06,000

We walked one behind the other towards the kitchen.

180

00:14:06,000 --> 00:14:09,000

Where did the noise come from?

181

00:14:09,000 --> 00:14:11,000

It was by the window.

182

00:14:19,000 --> 00:14:21,000

Did you hear that?

183

00:14:25,000 --> 00:14:28,000

Someone was walking around upstairs.

184

00:14:32,000 --> 00:14:35,000

There was someone else with us in the house.

185

00:14:37,000 --> 00:14:39,000

Let's go take a look.

186

00:14:44,000 --> 00:14:48,000

I wasn't thinking I'm going to find someone and fight someone,

187

00:14:48,000 --> 00:14:51,000

but I need to find out what's going on.

188

00:14:57,000 --> 00:14:59,000

Come on. It's okay.

189

00:15:02,000 --> 00:15:04,000

Are Mom and Dad home yet?

190

00:15:05,000 --> 00:15:07,000

I called out.

191

00:15:07,000 --> 00:15:09,000

Mom, is that you?

192

00:15:09,000 --> 00:15:11,000

No response.

193

00:15:11,000 --> 00:15:13,000

But the footsteps continued.

194

00:15:15,000 --> 00:15:18,000

They're coming from my parents' bedroom.

195

00:15:18,000 --> 00:15:20,000

I'm sorry.

196

00:15:31,000 --> 00:15:34,000

I am so afraid as to what I'm going to find,

197

00:15:34,000 --> 00:15:37,000

but I have to open the door.

198

00:15:37,000 --> 00:15:39,000

Are you ready?

199

00:15:41,000 --> 00:15:44,000

And as I'm turning the door knob,

200

00:15:44,000 --> 00:15:46,000

the footsteps stopped.

201

00:15:48,000 --> 00:15:50,000

I have to light.

202

00:15:53,000 --> 00:15:56,000

I'm scared because I know what I heard.

203

00:16:14,000 --> 00:16:16,000

There was nothing there.

204

00:16:19,000 --> 00:16:21,000

Ma'am?

205

00:16:21,000 --> 00:16:25,000

There's no reason for us to have heard all those noises.

206

00:16:25,000 --> 00:16:26,000

Mom, Dad!

207

00:16:26,000 --> 00:16:27,000

Mom!

208

00:16:27,000 --> 00:16:29,000

I think there's someone in the house.

209

00:16:33,000 --> 00:16:36,000

What's going on? You're imagining honey.

210

00:16:36,000 --> 00:16:38,000

Go to bed.

211

00:16:38,000 --> 00:16:40,000

There was plenty of that.

212

00:16:41,000 --> 00:16:44,000

My dad is acting way out of character.

213

00:16:44,000 --> 00:16:46,000

What are you doing?

214

00:16:46,000 --> 00:16:48,000

Go to sleep. Now!

215

00:16:49,000 --> 00:16:51,000

It was very unsettling.

216

00:16:57,000 --> 00:16:59,000

Every day after school,

217

00:16:59,000 --> 00:17:03,000

I would just go home and talk to the Ouija board.

218

00:17:03,000 --> 00:17:05,000

Are you there?

219

00:17:09,000 --> 00:17:13,000

But I didn't know if my friend was a male or female, a child.

220

00:17:13,000 --> 00:17:15,000

I wasn't sure.

221

00:17:16,000 --> 00:17:19,000

Are you male or female?

222

00:17:19,000 --> 00:17:21,000

F.

223

00:17:21,000 --> 00:17:23,000

E.

224

00:17:23,000 --> 00:17:25,000

M.

225

00:17:26,000 --> 00:17:28,000

Female.

226

00:17:28,000 --> 00:17:30,000

Female.

227

00:17:30,000 --> 00:17:32,000

My heart was jumping.

228

00:17:32,000 --> 00:17:34,000

Of course it's a female.

229

00:17:34,000 --> 00:17:36,000

It's my best friend.

230

00:17:36,000 --> 00:17:38,000

I'm going to sleep.

231

00:17:43,000 --> 00:17:45,000

She's already done her homework.

232

00:17:45,000 --> 00:17:50,000

She was the one who focused the most on playing with her Ouija.

233

00:17:50,000 --> 00:17:53,000

She told her to do her homework better.

234

00:17:53,000 --> 00:17:55,000

She's done her homework.

235

00:17:55,000 --> 00:17:57,000

But she didn't do it by chance.

236

00:18:00,000 --> 00:18:03,000

She was on her own little world with the board.

237

00:18:03,000 --> 00:18:05,000

She was trying to get rid of me.

238

00:18:06,000 --> 00:18:08,000

Mel, put us away.

239

00:18:12,000 --> 00:18:14,000

I worried about her.

240

00:18:33,000 --> 00:18:36,000

I'm hearing these shuffling sounds.

241

00:18:50,000 --> 00:18:55,000

It's like bare feet dragging around the room, around my bed.

242

00:18:59,000 --> 00:19:02,000

I whispered, Maria, wake up.

243

00:19:03,000 --> 00:19:05,000

It was no response.

244

00:19:10,000 --> 00:19:13,000

Whatever it was, it was coming towards me.

245

00:19:17,000 --> 00:19:20,000

I felt something grab my leg.

246

00:19:34,000 --> 00:19:39,000

Something was pulling me that towards my bed.

247

00:19:41,000 --> 00:19:45,000

And never, ever had I felt anything like that before.

248

00:19:49,000 --> 00:19:52,000

Mel was climbing on my bed, almost jumping on me.

249

00:19:52,000 --> 00:19:54,000

What's wrong with you?

250

00:19:54,000 --> 00:19:56,000

Mom, something pulled my foot in drag.

251

00:19:56,000 --> 00:19:58,000

You didn't even touch me.

252

00:19:58,000 --> 00:20:00,000

I doubt it says you're crazy.

253

00:20:00,000 --> 00:20:02,000

I need to sleep.

254

00:20:02,000 --> 00:20:04,000

I need to silence you.

255

00:20:04,000 --> 00:20:05,000

Calm down.

256

00:20:05,000 --> 00:20:07,000

You're just tired.

257

00:20:07,000 --> 00:20:09,000

I said, enough with this table.

258

00:20:09,000 --> 00:20:12,000

I want this to end and the garbage will go away.

259

00:20:12,000 --> 00:20:13,000

I'm taking it.

260

00:20:13,000 --> 00:20:14,000

Mom, no!

261

00:20:14,000 --> 00:20:15,000

That's mine!

262

00:20:15,000 --> 00:20:16,000

No, stop!

263

00:20:16,000 --> 00:20:17,000

Stop!

264

00:20:17,000 --> 00:20:19,000

And I felt complete.

265

00:20:19,000 --> 00:20:21,000

Rage.

266

00:20:21,000 --> 00:20:22,000

Mine!

267

00:20:22,000 --> 00:20:23,000

No, mine!

268

00:20:23,000 --> 00:20:24,000

No, no!

269

00:20:24,000 --> 00:20:25,000

No, no!

270

00:20:25,000 --> 00:20:26,000

Stop!

271

00:20:26,000 --> 00:20:27,000

Stop!

272

00:20:27,000 --> 00:20:28,000

Stop!

273

00:20:28,000 --> 00:20:29,000

Mom, no!

274

00:20:29,000 --> 00:20:30,000

No, no!

275

00:20:30,000 --> 00:20:31,000

No, no!

276

00:20:31,000 --> 00:20:32,000

Stop!

277

00:20:32,000 --> 00:20:33,000

Stop!

278

00:20:33,000 --> 00:20:52,000

Excerpt Lovers

279

00:20:52,000 --> 00:20:57,000

H hurting

280

00:20:57,000 --> 00:21:04,000

It had just been a few days since my mom threw the board away.

281

00:21:04,000 --> 00:21:09,000

But I was already missing a friend.

282

00:21:09,000 --> 00:21:15,000

I decided that I was going to make my own board.

283

00:21:15,000 --> 00:21:18,000

I was going to make my own board.

284

00:21:18,000 --> 00:21:21,000

I was going to make my own board.

285

00:21:21,000 --> 00:21:24,000

I was going to make my own board.

286

00:21:24,000 --> 00:21:29,000

I felt like I was being directed.

287

00:21:29,000 --> 00:21:32,000

I am being guided.

288

00:21:32,000 --> 00:21:40,000

I was determined to find my friend again.

289

00:21:40,000 --> 00:21:45,000

I laid my hands on top of the glass and I asked,

290

00:21:45,000 --> 00:21:47,000

Are you there?

291

00:21:47,000 --> 00:21:48,000

I said,

292

00:21:48,000 --> 00:21:49,000

I'm here.

293

00:21:49,000 --> 00:21:50,000

I said,

294

00:21:50,000 --> 00:21:51,000

I'm here.

295

00:21:51,000 --> 00:21:52,000

I said,

296

00:21:52,000 --> 00:21:54,000

I'm here.

297

00:21:54,000 --> 00:21:55,000

I asked,

298

00:21:55,000 --> 00:21:57,000

Are you there?

299

00:22:11,000 --> 00:22:21,000

One evening, I was in my room flipping through different cassettes.

300

00:22:22,000 --> 00:22:29,000

I decided that I was gonna go down and get a drink of water.

301

00:22:52,000 --> 00:22:59,000

I had so heavy a bunch of stuff to sit the lot again.

302

00:22:59,000 --> 00:23:10,000

I began to hear what sounds like chanting.

303

00:23:10,000 --> 00:23:16,000

It was not English, it was not Spanish.

304

00:23:16,000 --> 00:23:18,000

It was nothing that I could understand.

305

00:23:18,000 --> 00:23:23,000

It's getting louder and louder.

306

00:23:23,000 --> 00:23:27,000

My God!

307

00:23:27,000 --> 00:23:29,000

What's that?

308

00:23:29,000 --> 00:23:31,000

I was scared a lot.

309

00:23:31,000 --> 00:23:33,000

What's wrong with you?

310

00:23:33,000 --> 00:23:35,000

I was really scared.

311

00:23:35,000 --> 00:23:39,000

It felt like something had control of my dad.

312

00:23:39,000 --> 00:23:42,000

Mom, are you okay?

313

00:23:42,000 --> 00:23:46,000

I told my dad that they were gonna cry for his father.

314

00:23:46,000 --> 00:24:02,000

My dad was not the man that he once was.

315

00:24:02,000 --> 00:24:12,000

I did not want to deal with it anymore.

316

00:24:12,000 --> 00:24:17,000

I felt that my family, as we knew it, was falling apart.

317

00:24:17,000 --> 00:24:22,000

I felt like we were in danger.

318

00:24:22,000 --> 00:24:26,000

Can you help me?

319

00:24:26,000 --> 00:24:33,000

I was sitting in the living room with Jackie.

320

00:24:33,000 --> 00:24:35,000

Something's not right.

321

00:24:35,000 --> 00:24:40,000

I had a sense of dread.

322

00:24:40,000 --> 00:24:50,000

He just goes straight to the bedroom where my mom is.

323

00:24:50,000 --> 00:25:06,000

He never had an argument like this. This one was different.

324

00:25:06,000 --> 00:25:18,000

I asked my friend, can you please make my dad go away?

325

00:25:18,000 --> 00:25:22,000

I thought my body turned just really hot.

326

00:25:22,000 --> 00:25:27,000

The blood was boiling.

327

00:25:27,000 --> 00:25:32,000

Why are you hurting me?

328

00:25:32,000 --> 00:25:35,000

Are you hurting me?

329

00:25:35,000 --> 00:25:37,000

What are you talking about?

330

00:25:37,000 --> 00:25:39,000

Are you hurting me?

331

00:25:39,000 --> 00:25:42,000

I can't stand it anymore.

332

00:25:42,000 --> 00:25:45,000

Get away from her!

333

00:25:45,000 --> 00:25:58,000

We're all just standing there in shock to see my sister holding the gun.

334

00:25:58,000 --> 00:26:01,000

You don't have the guts.

335

00:26:01,000 --> 00:26:03,000

Don't do it.

336

00:26:03,000 --> 00:26:07,000

I don't want to hurt him.

337

00:26:16,000 --> 00:26:21,000

What are you going to do with that? Shoot me?

338

00:26:21,000 --> 00:26:24,000

Maria, put the gun down.

339

00:26:24,000 --> 00:26:25,000

Oh, Maria.

340

00:26:25,000 --> 00:26:28,000

She was taking him like that.

341

00:26:28,000 --> 00:26:33,000

She was pointing at him in the face.

342

00:26:33,000 --> 00:26:37,000

My mom went like this to my arm.

343

00:26:46,000 --> 00:26:51,000

That's when I realized I had shot the scene.

344

00:26:51,000 --> 00:26:54,000

Damn it!

345

00:26:56,000 --> 00:27:03,000

I felt like something took over me.

346

00:27:03,000 --> 00:27:19,000

I decided that it was better for me to take my daughters and leave the house.

347

00:27:34,000 --> 00:27:44,000

I thought something bad was going on, but I didn't know why.

348

00:27:50,000 --> 00:27:57,000

The apartments that we moved to was not the best place for us to go to.

349

00:28:04,000 --> 00:28:09,000

For a few weeks now, I wasn't feeling like myself.

350

00:28:09,000 --> 00:28:16,000

I felt almost disconnected with everything.

351

00:28:16,000 --> 00:28:29,000

I felt like the Ouija board was the only friend in the world that I had.

352

00:28:29,000 --> 00:28:36,000

One afternoon, I wasn't sure what I wanted to ask it anymore.

353

00:28:36,000 --> 00:28:42,000

And the one thing that I never thought to ask before of the board was,

354

00:28:42,000 --> 00:28:45,000

Where are you from?

355

00:29:00,000 --> 00:29:02,000

From.

356

00:29:13,000 --> 00:29:24,000

H-E-L-L

357

00:29:26,000 --> 00:29:28,000

From hell.

358

00:29:30,000 --> 00:29:35,000

I had been talking to someone in hell, from hell.

359

00:29:35,000 --> 00:29:38,000

I was in panic mode.

360

00:29:41,000 --> 00:29:47,000

I put the glass on the dresser and I ran.

361

00:29:47,000 --> 00:29:51,000

And then I heard,

362

00:29:51,000 --> 00:29:53,000

I have to go back in there.

363

00:29:53,000 --> 00:29:56,000

I have to go see what happened.

364

00:30:00,000 --> 00:30:03,000

I had to go back in there.

365

00:30:15,000 --> 00:30:18,000

The letters were everywhere.

366

00:30:18,000 --> 00:30:22,000

Tiny pieces of glass all over the floor.

367

00:30:23,000 --> 00:30:29,000

I was sure that I had just made someone very, very upset.

368

00:30:29,000 --> 00:30:32,000

By running away.

369

00:30:35,000 --> 00:30:38,000

I could hear it call my name.

370

00:30:46,000 --> 00:30:49,000

I feel I am being directed.

371

00:30:49,000 --> 00:30:52,000

I am being guided.

372

00:31:10,000 --> 00:31:12,000

Oh my god.

373

00:31:13,000 --> 00:31:16,000

The Ouija board. I was back.

374

00:31:19,000 --> 00:31:22,000

I was in the middle of the night.

375

00:31:34,000 --> 00:31:37,000

And I woke up, very cold.

376

00:31:37,000 --> 00:31:40,000

So I left the blanket.

377

00:31:50,000 --> 00:31:58,000

I wanted to feel the steps inside the house.

378

00:32:13,000 --> 00:32:16,000

My heart was...

379

00:32:20,000 --> 00:32:26,000

I grabbed the clothes I had and the door knob.

380

00:32:36,000 --> 00:32:40,000

The door had the hole of the viscera.

381

00:32:40,000 --> 00:32:42,000

It was empty.

382

00:33:20,000 --> 00:33:23,000

I can feel the sky.

383

00:33:24,000 --> 00:33:27,000

Suddenly I felt nothing.

384

00:33:34,000 --> 00:33:37,000

The bad little animal disappeared.

385

00:33:39,000 --> 00:33:42,000

I ran to my daughter's room.

386

00:33:43,000 --> 00:33:45,000

Girls, girls, come here.

387

00:33:45,000 --> 00:33:46,000

Get up.

388

00:33:46,000 --> 00:33:49,000

I could tell that my mom was very scared.

389

00:33:50,000 --> 00:33:53,000

But she did not tell us why.

390

00:34:02,000 --> 00:34:06,000

One evening we were getting ready for dinner.

391

00:34:10,000 --> 00:34:13,000

I started feeling very uncomfortable.

392

00:34:16,000 --> 00:34:19,000

I was very scared.

393

00:34:26,000 --> 00:34:29,000

Mom, someone is watching me.

394

00:34:29,000 --> 00:34:32,000

Mel, stop all that. Go back to work.

395

00:34:33,000 --> 00:34:36,000

She thought that I was trying to get out of cooking.

396

00:34:36,000 --> 00:34:39,000

Get the plates. Mel, get the plates.

397

00:34:39,000 --> 00:34:42,000

I'm very, very petrified. I am so afraid.

398

00:34:42,000 --> 00:34:44,000

Don't you see her?

399

00:34:46,000 --> 00:34:49,000

Mom, maybe that knowing nothing.

400

00:34:49,000 --> 00:34:53,000

I just told her, Mel. I don't look at anything, my daughter.

401

00:34:57,000 --> 00:35:01,000

I looked around and she was not there anymore.

402

00:35:01,000 --> 00:35:05,000

But I felt just uneasy.

403

00:35:08,000 --> 00:35:11,000

Because I knew what I had just seen.

404

00:35:17,000 --> 00:35:19,000

Mel, get the plates.

405

00:35:19,000 --> 00:35:22,000

I felt like I was going to die.

406

00:35:22,000 --> 00:35:25,000

I felt like I was going to die.

407

00:35:25,000 --> 00:35:28,000

I felt like I was going to die.

408

00:35:28,000 --> 00:35:32,000

I felt like I was going to run out of breath and die.

409

00:35:32,000 --> 00:35:35,000

I don't remember anything after that.

410

00:35:35,000 --> 00:35:37,000

Mel, my life, Mel.

411

00:35:48,000 --> 00:35:51,000

I was scared. What is going on?

412

00:35:51,000 --> 00:35:53,000

What is going on?

413

00:35:55,000 --> 00:35:59,000

The girl had already put herself in a state of shock.

414

00:35:59,000 --> 00:36:00,000

My God.

415

00:36:00,000 --> 00:36:02,000

Maria!

416

00:36:02,000 --> 00:36:05,000

Her arms are up like this.

417

00:36:07,000 --> 00:36:10,000

She didn't sound like her normal self.

418

00:36:10,000 --> 00:36:12,000

I don't know what they're doing to me.

419

00:36:12,000 --> 00:36:15,000

Something is terribly wrong.

420

00:36:15,000 --> 00:36:18,000

Something's taking over my sister.

421

00:36:22,000 --> 00:36:27,000

When I woke up, I had no idea what had just happened.

422

00:36:34,000 --> 00:36:37,000

My mother took Mel to different types of doctors.

423

00:36:40,000 --> 00:36:42,000

Nothing helped.

424

00:36:43,000 --> 00:36:45,000

I was in eating.

425

00:36:45,000 --> 00:36:47,000

All I wanted to do was sleep.

426

00:36:47,000 --> 00:36:49,000

That was not me.

427

00:36:52,000 --> 00:36:57,000

I was waiting for a colleague from the job.

428

00:36:57,000 --> 00:37:01,000

He recommended me a healer.

429

00:37:04,000 --> 00:37:06,000

A healer is a witch doctor.

430

00:37:09,000 --> 00:37:12,000

I'm a healer, a shaman,

431

00:37:12,000 --> 00:37:16,000

a person who uses traditional rituals

432

00:37:16,000 --> 00:37:21,000

and white magic to heal body and soul and spirit.

433

00:37:27,000 --> 00:37:31,000

The curanderas gave me this look from head to toe.

434

00:37:36,000 --> 00:37:38,000

It was very uncomfortable.

435

00:37:38,000 --> 00:37:41,000

Why don't you go sit over there, please?

436

00:37:41,000 --> 00:37:43,000

Vamos, mi amor.

437

00:37:43,000 --> 00:37:45,000

Tell me what's wrong with her.

438

00:37:45,000 --> 00:37:47,000

She's not eating. She's thin.

439

00:37:47,000 --> 00:37:51,000

She explained everything that was happening to my daughter.

440

00:37:56,000 --> 00:37:59,000

When a demonic spirit is taking over your body,

441

00:37:59,000 --> 00:38:02,000

they break you down little by little.

442

00:38:02,000 --> 00:38:05,000

That's what was happening to Mel.

443

00:38:05,000 --> 00:38:07,000

I think your daughter is...

444

00:38:07,000 --> 00:38:11,000

She told me that my daughter had bad spirits.

445

00:38:11,000 --> 00:38:13,000

Oh, my God.

446

00:38:16,000 --> 00:38:22,000

I treated what they told me to do to cure my daughter.

447

00:38:31,000 --> 00:38:34,000

Mirrors are very, very strong and powerful.

448

00:38:34,000 --> 00:38:36,000

They can trap souls.

449

00:38:41,000 --> 00:38:44,000

You have to reveal yourself now.

450

00:38:46,000 --> 00:38:48,000

Come closer, please.

451

00:38:48,000 --> 00:38:51,000

She told me that she was going to look at me.

452

00:38:53,000 --> 00:38:58,000

I could feel my mom's face almost touch mine.

453

00:39:12,000 --> 00:39:14,000

I want you to look at the mirror.

454

00:39:14,000 --> 00:39:17,000

I want you to get close to the mirror and look there.

455

00:39:22,000 --> 00:39:24,000

Oh, my God.

456

00:39:24,000 --> 00:39:26,000

I was looking at you.

457

00:39:26,000 --> 00:39:29,000

Because instead of looking at Mel,

458

00:39:29,000 --> 00:39:33,000

the old woman's face was the mirror.

459

00:39:33,000 --> 00:39:36,000

Tell me what you do in your spare time.

460

00:39:36,000 --> 00:39:38,000

I told her I sleep.

461

00:39:38,000 --> 00:39:41,000

I eat.

462

00:39:41,000 --> 00:39:43,000

That's all.

463

00:39:43,000 --> 00:39:45,000

Play with the Ouija board?

464

00:39:47,000 --> 00:39:50,000

I felt like I was in a dream.

465

00:39:50,000 --> 00:39:55,000

I had understood that the board had to throw it to the trash can.

466

00:39:55,000 --> 00:39:58,000

And where is the Ouija board now?

467

00:39:58,000 --> 00:40:00,000

It's in the trash can.

468

00:40:00,000 --> 00:40:03,000

And where is the Ouija board now?

469

00:40:03,000 --> 00:40:06,000

It's under my bed.

470

00:40:09,000 --> 00:40:14,000

The curandera told my mother to get rid of the Ouija board.

471

00:40:14,000 --> 00:40:16,000

Jose.

472

00:40:16,000 --> 00:40:17,000

Maria.

473

00:40:17,000 --> 00:40:22,000

I told her to take the Ouija to the trash can as soon as possible.

474

00:40:22,000 --> 00:40:24,000

I'm going right now.

475

00:40:25,000 --> 00:40:29,000

The curandera advised my mother

476

00:40:29,000 --> 00:40:34,000

that we do an exorcism.

477

00:40:39,000 --> 00:40:41,000

I don't want you in this girl's body.

478

00:40:41,000 --> 00:40:43,000

This girl's body.

479

00:40:43,000 --> 00:40:45,000

She was crying and throwing water at her.

480

00:40:45,000 --> 00:40:48,000

Get out! I don't want you to belong here!

481

00:40:48,000 --> 00:40:51,000

I felt as if she was punching me.

482

00:40:51,000 --> 00:40:54,000

This is not your body. Get out of her spirit.

483

00:40:54,000 --> 00:40:56,000

Get me on my face.

484

00:40:57,000 --> 00:40:59,000

My arms.

485

00:40:59,000 --> 00:41:01,000

They hit me on my back.

486

00:41:03,000 --> 00:41:05,000

I was so scared.

487

00:41:14,000 --> 00:41:16,000

My whole body was burning.

488

00:41:18,000 --> 00:41:20,000

I was on fire from the inside.

489

00:41:23,000 --> 00:41:25,000

I was very scared.

490

00:41:25,000 --> 00:41:27,000

I was very scared.

491

00:41:27,000 --> 00:41:29,000

But I was there crying.

492

00:41:29,000 --> 00:41:31,000

Get me out of your room.

493

00:41:31,000 --> 00:41:33,000

Get out!

494

00:41:33,000 --> 00:41:35,000

The spirit was fighting to stay with me.

495

00:41:35,000 --> 00:41:37,000

Get out!

496

00:41:43,000 --> 00:41:45,000

My daughter.

497

00:41:49,000 --> 00:41:51,000

My daughter.

498

00:41:52,000 --> 00:41:55,000

I hugged her and she hugged me.

499

00:41:55,000 --> 00:41:57,000

I said, I'm with you, my daughter.

500

00:41:57,000 --> 00:41:59,000

We're good now.

501

00:42:08,000 --> 00:42:11,000

Seeing my sister smile, my mom smiled,

502

00:42:11,000 --> 00:42:13,000

and you know, giving us hugs,

503

00:42:13,000 --> 00:42:16,000

and I felt at peace. I felt joy.

504

00:42:16,000 --> 00:42:19,000

Bad spirits wanted to separate the families

505

00:42:19,000 --> 00:42:21,000

and they achieved it.

506

00:42:21,000 --> 00:42:24,000

And they also wanted to take my children away.

507

00:42:25,000 --> 00:42:27,000

They didn't achieve it.

508

00:42:29,000 --> 00:42:33,000

I felt like I had gone through hell and back.

509

00:42:35,000 --> 00:42:38,000

We survived because of my mother.

510

00:42:38,000 --> 00:42:42,000

Because she was strong enough to fight for us.

511

00:42:42,000 --> 00:42:44,000

To fight for me.

512

00:42:44,000 --> 00:42:46,000

To fight for my sisters.